# B.Sc. ZOOLOGY LAB MANUAL

4th Semester

CUTY

Prepared By Biological Science Dept. Zoology

# MIDNAPORE CITY COLLEGE

### PREFACE TO THE FIRST EDITION

This is the first edition of Lab Manual for UG Zoology fourth Semester. Hope this edition will help you during practical. This edition mainly tried to cover the whole syllabus. Some hard core instrument based topic are not present here that will be guided by responsive teachers at the time of practical.

#### ACKNOWLEDGEMENT

We are really thankful to our students, teachers and non teaching staffs to make this effort little bit complete.

Mainly thanks to Director and Principal Sir to motivate for making this lab manual.

#### C8P: Comparative Anatomy of Vertebrates (Lab)

#### **List of Practical**

- 1. Study of placoid, cycloid and ctenoid scales through permanent slides/photographs.
- 2. Study of disarticulated skeleton of Toad, Pigeon and Guineapig.
- 3. Demonstration of Carapace and plastron of turtle.

4. Identification of mammalian skulls: One herbivorous (Guineapig) and one carnivorous (Dog) animal.

5. Dissection of Tilapia: Circulatory system, Brain, pituitary, urinogenital system.

#### C9P: Animal Physiology: Life Sustaining Systems Lab

Credits 02

#### **List of Practical**

- 1. Determination of ABO Blood group
- 2. Enumeration of red blood cells and white blood cells using haemocytometer
- 3. Estimation of haemoglobin using Sahli's haemoglobinometer
- 4. Preparation of haemin and haemochromogen crystals
- 5. Recording of blood pressure using a sphygmomanometer

#### C10P: Immunology (Lab)

#### **List of Practical**

- 1. Demonstration of lymphoid organs.
- 2. Histological study of spleen, thymus and lymph nodes through slides/ photographs
- 3. Preparation of stained blood film to study various types of blood cells.
- 4. ABO blood group determination.
- 5. Demonstration of ELISA

### STUDY OF PLACOID, CYCLOID AND CTENOID SCALES THROUGH PERMANENT SLIDES/PHOTOGRAPHS





## DISARTICULATED SKELETON OF TOAD, PIGEON AND GUINEAPIG

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### Vertebrae

# Precaudal or trunk vertebra of Teleost Fish

- 1. Ring like body.
- 2. Presence of centrum, neural arch, neural canal and neural spine.

# Hence, the specimen seems to be a vertebra.

- 1. Completely ossified structure.
- 2. Centrum is prominently **amphicoelous** with a small central opening for the passage of **notochord**.
- 3. Presence of dorsal neural arch with a median, long, backwardly directed and pointed neural spine.
- 4. Neural arch bears, at its base, paired, anterior and posterior, small, thin processes called neural **zygapophyses.**

# Hence, the specimen seems to be a vertebra of Teleost Fish.

- 1. Centrum bears a pair of ventrolateral, short, downwardly directed transverse processes or basapophysis.
- 2. Haemal arch and spine are absent.

# Hence, the specimen seems to be a trunk vertebra of Teleost (Gk. *telos*, end; *osteon*, bone) Fish.

#### Caudal vertebra of Teleost Fish

Same up to vertebra as in Teleost Fish.

- 1. Absence of separate transverse process.
- Presence of a ventrally disposed haemal arch with a central haemal canal.
- 3. Presence of a pointed and backwardly directed median haemal spine.
- Presence of paired anterior and posterior haemal zygapophyses.

Hence, the specimen seems to be a caudal vertebra of Teleost Fish.

#### Atlas or first vertebra of toad

Same up to vetebra as in Teleost Fish.

- 1. Centrum is of procoelous type.
- 2. Hypapophysis and chevron bones are absent.
- 3. Zygantrum and Zygosphene are absent.
- 4. Articular surface for vertebra is absent.
- 5. Vertebra is of notocentrous type.



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#### An Advanced Laboratory Manual of Zoology

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  - 1. Supra-scapula is a dorsally located, thin, flat and cartilaginous structure.
  - 2. Cleithrum is a dorsally located thin and flat body.
  - 3. Scapula is a thick and long dorsolaterally located structure which is expanded at both ends.
  - 4. Coracoid is a stout, rod-like structure that is expanded in the middle and located posteroventrally.
  - 5. At the junction of scapula and coracoid, ventrolaterally there is a deeply concave or cuplike depression, called the glenoid cavity.
  - 6. Clavicle is a slender, bony, rod-like structure located anteroventrally.
  - 7. Precoracoid is a narrow strip of cartilage, closely associated with clavicle.
  - 8. Coracoid and clavicle is separated by a wide gap or coracoid foramen.
  - 9. In between the triangular arch formed by clavicle and coracoid, a pair of cartilaginous, dagger-shaped epicoracoid is present. These two epicoracoids overlap on each other (the arciferal type of pectoral girdle).
- Sternum is the unpaired bone, located mid-ventrally at the junction of two halves, the posterior terminal end of which is expanded to form cartilaginous xiphisternum. Omoster um and episternum are however, absent.

Hence, the specimen seems to be pectoral girdle of Toad (e.g. Bufo sp.).

#### Coracoid and Scapula of Pigeon

- 1. Compound structure made up of two bones-coracoid and scapula.
- 2. Scapula is a sabre-shaped structure.
- 3. Coracoid is a strong, straight, pillar-like bone.

4. The bony structure is light and pneumatic. Hence, the specimen seems to be coracoid and scapula of bird.

- Coracoid and scapula are large and united with one another by ligaments, and meet nearly at an angle less than 90°.
- 2. Acromion and acrocoracoid process present.

Hence, the specimen seems to be coracoid and scapula of Carinatae (L. carina, keel).

- 1. Glenoid cavity is formed by the union of scapula and coracoid.
- 2. Foramen triosseum is present.

Hence, the specimen seems to be coracoid and scapula of Pigeon (e.g. Columba sp.).

#### Furcula of Pigeon

- 1. 'V' shaped structure, very light in weight.
- 2. Each limb is slender, slightly curved and flattened.
- 3. Dorsal end of each limb bears a concave articular facet.
- Ventral end, where both the limbs meet, is thickened, but there is no disc-like structure [Hypocleidium (Gk. hypo, under; kleidion, little key): interclavicle].
- 5. Symphysis and suture absent.

Hence, the specimen seems to be a furcula of Pigeon (e.g. Columba sp.).



Fig. 6.42 Pectoral girdle of *Columba* sp. (one half with furcula and keel attached))







Epicondyle



Condyle

Fig. 6.50 Humerus of Columba sp.

 Proximal end greatly expanded and bears a median convex head, an outer large greater tuberosity, an inner small lesser tuberosity, and a prominent deltoid ridge which is continued downwards for a short distance from the lesser tuberosity.







- Proximal end bears a concavity or semilunar notch and an upwardly directed projection or olecranon process.
- Distal end of this compound bone is somewhat flattened and a groove indicates the fusion of two bones.
- 4. Distal end bears articular facets.
- 5. Proximal and distal ends are made up of calcified cartilage.

Hence, the specimen seems to be a Radio-ulna of an anuran Amphibia, Toad (e.g. *Bufo* sp.).

#### **Radio-Ulna of Calotes**

Up to Radio-Ulna, same as in Toad.

- Bones are slender and almost equal in diameter, but unequal in length.
- 2. The longer bone is ulna; proximally it bears an olecranon process and a cup-shaped (semilunar) notch. Distally this bone is convex.
- 3. The shorter bone is radius. Its proximal end bears a shallow concave articular facet while distal end bears a **styloid** process.

Hence, the specimen seems to be a Radio-ulna of *Calotes* sp.

#### Radio-Ulna of Pigeon

Same up to Radio-Ulna as in Toad.

- 1. Light, pneumatic bone.
- 2. Bones are unequal in thickness.
- 3. Presence of slender and straight bone-the radius, and the stout and curved bone, ulna.
- Radius and ulna lying close together at their proximal and distal ends, but remain widely separated in the middle.
- 5. The proximal end of ulna bears a cup like semilunar notch.
- Proximal end of ulna forms an upwardly directed projection or olecranon process.
- Proximal end of radius is slightly concave while distal end is convex.
- 8. Distal end bears articulating surface.

Hence, the specimen seems to be a Radio-ulna of a bird, Pigeon (e.g. Columba sp.).

#### Radio-Ulna of Guineapig

Same up to Radio-Ulna as in Toad.

1. Stout and heavy bone.







Fig. 6.57 Radio-Ulna of Calotes sp.



VFig. 6.58 Radio-Ulna of Columba sp.

Olecranon process

Ulna

Styloid process

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- 2. Bones are of equal thickness.
- 3. Radius is small and slightly bent having a concave facet at the proximal end.
- Ulna is long bone with a proximal olecranon 4. process.
- Two bones are united at the proximal and distal 5. ends having a gap in the middle.
- The proximal end of the ulna bears a deeply 6. concave semilunar or sigmoid notch.
- Distal ends of both radius and ulna bears styloid 7. process.

Hence, the specimen seems to be Radio-Ulna of mammal, Guineapig (e.g. Cavia sp.).



Compound bony structure made up of complete lengthwise fusion of two elongated bones (even longer 1. than femur).

Sigmoid notch

Radius

- Proximal and distal ends of this bone are 2. somewhat flattened; presence of proximal and distal groove mark the line of fusion of two bones.
- Proximal and distal end is rough, laterally 3. expanded and made up of calcified cartilages.
- A nutrient foramen is present in the middle of 4. the fused shaft region.
- 5. Proximal end of tibia bears an ill developed groove called cnemial or tibial crest.

Hence, the specimen seems to be Tibio-Fibula of an anuran Amphibia, Toad (e.g. Bufo sp.).



Fig. 6.59 Radio-Ulna of Cavia sp.

#### **Tibio-Fibula of Calotes**

- 1. Compound bony structure made up of two elongated bones lying close together both at proximal and distal ends, but are widely separated in the middle. Bones are of unequal thickness.
- 2. The thicker bone is tibia, and it bears two Cnemiol crest
- articular surfaces and cnemial crest. 3. Fibula is the thinner bone; proximally it bears one articular surface.
- There is one condyle at the distal end.

4. Hence, the specimen seems to be a Tibio-Fibula of Calotes sp.

### Tibio-Tarsus and Fibula of Pigeon

- Light and pneumatic bone. 1.
- Compound structure made up of two 2. elongated bones lying close together.



Fig. 6.61 Tibio-Fibula of Calotes sp.

Fig. 6.60 Tibio-Fibula of Bufo sp.





beak (O.F. bee, beak). Jaw or bill of birds.

**bicipital** (L. *bis*, twice; *caput*, head). *pert.* biceps; *appl.* fascia, an aponeurosis of distil tendon of the biceps brachii, *alt.* lacertus fibrosus; a groove, the intertubercular sulcus, on upper part of humerus.

## IDENTIFICATION OF MAMMALIAN SKULLS: ONE HERBIVOROUS (GUINEAPIG) AND ONE CARNIVOROUS (DOG) ANIMAL.







## DISSECTION OF TILAPIA: CIRCULATORY SYSTEM, BRAIN, PITUITARY, URINOGENITAL SYSTEM







#### C9P: Animal Physiology: Life Sustaining Systems Lab

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#### DETERMINATION OF HUMAN BLOOD GROUP

#### **Principle**:

In 1900 Karl Land Steiner grouped human blood into 4 group based on presence of two antigens on the surface of RBCs. This groups are designated as A,B, AB & O. This are commonly called ABO Blood group. This blood group system is determined on the basis of presence or is absence of antigen on RBC on antibody in blood group is designated as a blood group. B antigen is present outer membrane of RBC and anti-a antibody present blood plasma. This blood group is designated by B+ blood group. A,B both antigen is present outer membrane of RBC. this blood group is called AB+ blood group. A, B both antigen is absent outer membrane of RBC, this blood is called O+.

In addition to antigen on ABO system the red cells of 80-85% also have an addition antigen called RH+ antigen or Rh factor.

RBC TYPE	GROUP-A	GROUP-B	GROUP-AB	GROUP-O
ANTIBODY IN PLASMA	Anti-B	Anti-A	None	Anti-A Anti- B
ANTIBODY IN RBC	А	В	AB	None

In 1940 Karl Land Steiner and Weiner reported that Rabbit sera contains antibodies against of Rhesus monkey that agglutinates RBC of some human being. This antigen is latter name as Rhesus factor (Rh Factor).

During RH determination blood Anti-D serum is mixed with blood and if there is agglutination then the blood is (Rh)(D) is agglutination then the blood is does not agglutinate the blood not have (Rh).

Material required:

1. Rectified spirit

- 2. Cotton
- 3. Sterile needle
- 4. Human blood
- 5. Glass slide
- 6. Anti-A(monoclonal)
- 7. AntiOB(monoclonal)
- 8. Anti-C(monoclonal)
- 9. Glass rod



#### **Procedure:**

- 1. Three area on a slide are marked and labelled them A,B and.
- 2. The finger tip is punctured by a sterile needle and three drops of blood is taken in a clean glass slide.
- 3. One drop of Anti-a is added to area 'A' are drop of anti 'Rh' is added to area 'B' and one drop of Anti Rh is added to area D.
- 4. With separate application glass rod blood is mixed reagent well.
- 5. After a few seconds the drop are examined.

#### **Observation:**

- 1. Agglutination occurs when reaction is made with Anti-A serum.
- 2. Agglutination does not occurs when reaction is made with Anti-B serum.
- 3. Agglutination occurs when tested with Anti-D serum.

#### Conclusion

On the basis of the above observation it can conclude that my blood group is A positive.

#### **Precaution:**

- 1. The blood should be mixed with antigen quickly, otherwise it will gel coagulated quickly.
- 2. The slide used should be dust free.
- 3. The drop of the blood and the drop of anti sera should be equal or else we can not conform if agglutination has occurred or not.

# ENUMERATION OF RED BLOOD CELLS AND WHITE BLOOD CELLS USING HAEMOCYTOMETER

#### Introduction

Red blood cells (RBCs) are the round shape, biconcave discs, present in the blood that helps in the transport of gases throughout the body. The biconcave shape helps the RBCs in rendering the red cells quite flexible so that they can easily pass through the capillaries. On an average, the size of the Red Blood Cells (RBCs) is 7.2 - 7.4 mm (microns). The mature RBCs are non-nucleated cells with an Iron-containing pigment known as Hemoglobin which helps in the transport of oxygen from the lungs to tissues and carbon dioxide from tissues back to the lungs for excretion. The Average lifespan of Red Blood Cells (RBCs) is 100 - 120 days.

#### Aim

The purpose of performing Total Red Blood cell count is to know whether or not you are suffering from Erythrocytosis or Polycythemia (i.e. the increase in the no. of Red Blood Cells to more than 6.5 million/mm<sup>3</sup>) or Erythrocytopenia or Erythropenia (i.e. the Decrease in the no. of Red Blood Cells to less than 3.5 million/mm<sup>3</sup>).

#### Principle

Very large numbers of Red Blood Cells are present in the Blood Specimen. Practically, counting this amount of Red cells directly under the microscope is highly impossible. So, the Red Blood cells are counted by using a special type of chamber, designed for the counting of blood cells in the specimen, known as Hemocytometer or Neubauer's chamber.

For this, the blood specimen is diluted (usually in 1:200 ratio) with the help of RBC diluting fluid (commonly the Hayem's Fluid) which preserve and fix the Red blood cells. The Hayem's fluid is isotonic to the Red blood cells and does not cause any damage to it. The Normal Saline solutions can also be used for this but it causes the slight creation of red blood cells and allows rouleaux formation which may cause the errors in results.

After diluting the specimen, the content is charged on Hemocytometer / Neubauer's chamber and the cells are counted in the areas specific for RBC count.

Nowadays, two types of RBC Diluting fluid are commonly used in Laboratories -

- Hayem's RBC Diluting fluid
- Formalin Citrate diluting fluid

The composition of Hayem's diluting Fluid

COMPONENTS	QUANTITY
Mercuric Chloride	0.25 grams
Sodium sulfate	2.5 grams
Sodium chloride	0.5 grams

The Final pH of the solution (at  $25^{\circ}$ C) varies from 5.8 – 6.0 which depends on the composition and companies who manufacture it.

The composition of Formalin Citrate diluting fluid

COMPONENTS	QUANTITY
Trisodium citrate	3 grams
Formalin	1 ml
Distilled water	99 ml

This diluting fluid is commonly used because it is cheaper than the Hayem's fluid. However, Hayem's diluting fluid gives the better results.

Hemocytometer

This is a special type of glass chamber that is used for the cell counting, especially for Blood cells. Nowadays, most commonly Improved Neubauer's Chamber is used and in some laboratories, other types of chambers are also employed like Burkers chamber, Levy's chamber and Fusch – Rosenthal chamber etc.



#### HEMOCYTOMETER

The Neubauer's Chamber has ruled the area of total 9 square mm and the depth is 0.1 mm as when the coverslip is placed on the surface of the counting chamber, the space between the bottom of the cover glass and the base of grooved area measures 0.1 mm in depth.

The central 1 square is highly ruled which is divided into 25 squares. Each square of the Central square is further subdivided into 16 small squares.

For RBC count the cells are counted in the 5 squares of the Central square as 4 Corner squares of the Central square (divided into 25 squares) and 1 central square of the Larger Central Square (divided into 25 squares).



R – RBC AREAS W – WBC AREAS

Each square of the Central Square (divided into 25 squares) contains 16 small squares so the total no. of the area to be counted for RBC Count -

 $16 \times 5 = 80$  small squares

Two Method has been developed for the Manual Estimation of Total Red Blood Cell Count Using Hemocytometer / Neubauer's chamber –

- Microdilution Method
- Macrodilution Method

MICRODILUTION METHOD FOR THE ESTIMATION OF TOTAL RBCs USING HEMOCYTOMETER

Materials Required for the Total Red Blood Cell (RBC) Count by Microdilution Method -

- Blood sample (Capillary blood or EDTA anticoagulated specimen)
- RBC diluting fluid (preferably Hayem's fluid)
- Gauze piece or Cotton
- RBC pipette
- Hemocytometer a.k.a. Neubauer's Chamber
- Coverslip
- Microscope

A Brief Introduction to RBC Pipette

RBC pipette is a graduated pipette that gives the dilution of 1:100 and 1:200. It has two markings at the bottom as 0.5 and 1 and the top of the pipette is marked 101. It has a round shape bulb which contains the Red bead to mix the blood specimen and the diluting fluid. On the top, a rubber tube is attached to the pipette for sucking the blood specimen and diluting fluid.



#### **RBC PIPETTE**

When blood is sucked up to 0.5 mark and the diluting fluid up to 101 marks, gives the 1:200 dilution of Blood: Diluting fluid and When the Blood is sucked up to 1 mark and the diluting fluid up to 101, gives the 1:100 dilution of Blood: Diluting fluid which is commonly used in anemic patients. After sucking the Specimen & Diluting fluid, the content is gently mixed by rotating the pipette on its long axis to ensure thorough mixing of blood and diluting fluid.

Procedure of the Total Red Blood Cell (RBC) Count by Microdilution Method

 $\Rightarrow$  Fill the RBC pipette up to the 0.5 mark with the blood specimen and wipe out the pipette externally to avoid false high results.

 $\Rightarrow$  Fill the same pipette with the RBC diluting fluid (preferably Hayem's Fluid) up to the mark 101.

 $\Rightarrow$  Be cautious that there should be no air bubble in the pipette bulb.

 $\Rightarrow$  Mix the Blood and Diluting fluid in the pipette by rotating the pipette (horizontally) between your palms.

 $\Rightarrow$  Take out the Neubauer's chamber / Hemocytometer from its case and clean it using a swab or gauze piece. Similarly, clean out the cover glass and place it over the grooved area of Hemocytometer.

 $\Rightarrow$  Now, put the RBC pipette, mix the solution present in it again and then discard 1-2 drops from the pipette before charging the chamber.

 $\Rightarrow$  Gently press the rubber tube of the RBC pipette, so that the next drop of fluid is in hanging position.

 $\Rightarrow$  Touch the Tip of the pipette with the hanging drop against the edge of the coverslip making an angle of 45° approximately.

 $\Rightarrow$  Allow a small amount of fluid from the pipette to fill into the chamber which occurs by the Capillary action. Do not overcharge the chamber and there should be no air bubble in the Chamber.

 $\Rightarrow$  After charging, wait for 3-5 min so that the cells settle down in the chamber & then focus the chamber under the microscope to calculate Red Cells.

# MACRODILUTION METHOD FOR THE ESTIMATION OF TOTAL RBCs USING HEMOCYTOMETER

#### Materials Required

- Blood sample (Capillary blood or EDTA anticoagulated specimen)
- RBC diluting fluid (preferably Hayem's fluid)
- Hb pipette or Micropipette (0.02 ml or  $20 \mu l$ )
- Hemocytometer / Neubauer's Chamber
- Gauze piece or Cotton swab
- Graduated Pipette (5 ml)
- Test tubes
- Cover Slip

Procedure

 $\Rightarrow$  Take 3.98 ml of RBC diluting fluid in a Clean, Dry and Grease free Test tube.

 $\Rightarrow$  Now add 0.02 ml or 20  $\mu l$  of Blood Specimen to the tube containing diluting fluid with the help of micropipette or RBC pipette.

⇒ Mix well for few minutes and ready your Hemocytometer / Neubauer's Chamber.

 $\Rightarrow$  Take out the Neubauer's chamber / Hemocytometer from its case and clean it using a swab or gauze piece. Similarly, clean out the cover glass and place it over the grooved area of Hemocytometer.

 $\Rightarrow$  Now, take out the RBC pipette and fill it with the Diluted Specimen, mix the solution well and then discard 1-2 drops from the pipette before charging the chamber.

 $\Rightarrow$  Gently press the rubber tube of the RBC pipette, so that the next drop of fluid is in hanging position.

 $\Rightarrow$  Touch the Tip of the pipette with the hanging drop against the edge of the coverslip making an angle of 45° approximately.

 $\Rightarrow$  Allow a small amount of fluid from the pipette to fill into the chamber which occurs by the Capillary action. Do not overcharge the chamber and there should be no air bubble in the Chamber.

Using Micropipette instead of RBC pipette for charging the Hemocytometer

⇒ You can also use a micropipette instead of RBC pipette for charging the Hemocytometer. So, with a micropipette, carefully draw up around  $20 \,\mu l$  of the diluted specimen. Press the knob of the pipette to make a hanging drop at the tip of the micropipette.

⇒ Now gently place the pipette tip against the edge of the cover glass and if required slowly expel the more liquid until the counting chamber is full. This process occurs by Capillary action, but care should be taken not to overfill the chamber. A volume of 10  $\mu l$  is sufficient to fill out the one counting chamber.

 $\Rightarrow$  After charging, wait for 3-5 min so that the cells settle down in the chamber.

#### Counting the red blood cells under microscope

 $\Rightarrow$  Focus the ruling using the 10x Objective lens and then Count the RBCs in 5 small squares of the central square as described above, using the 40x Objective lens.

 $\Rightarrow$  Count the cells which are lying on the right and lower lines of the 5 small squares but not the opposite line. In case of marginal cells, count the cells on 'L' line that is either on Right and Lower lines or Left and Upper lines.

#### Calculations

 $\Rightarrow$  After counting the cells under the microscope, we know the No. of RBC in 5 squares of the central square. Let's consider it as 'N' no. of cells.

 $\Rightarrow$  Now, the volume of the fluid inside the chamber is the product of Area and depth of the Hemocytometer / Neubauer's chamber.

 $\Rightarrow$  The central area is the 1 sq. mm which is divided into 25 parts so the area is

25 squares = 1 sq. mm

 $\Rightarrow$  Out of these 25 squares, the RBCs are counted in 5 squares. So the Area of 5 small squares is 5/25 i.e. 1/5

 $\Rightarrow$  The depth of the Hemocytometer is 0.1 mm as described above in a short description of Hemocytometer.

 $\Rightarrow$  Now Apply the Following formula to get the Total Red Blood Cell Count –

Total RBC Count =  $N \times Dilution / Area \times Depth$ 

 $N\times 200$  (or 100 as the dilution is made) / (1/5  $\times$  0.1)

Total RBC count =  $N \times 10,000 / mm^3$ 

Using the Above formula we can calculate the Total No. of Red Blood Cells present in the Blood Specimen.

#### NORMAL VALUES OF RED BLOOD CELLS

**In Males** – 4.8-5.5 million/mm<sup>3</sup> **In Females** – 4.5-5 million/mm<sup>3</sup>

#### PRECAUTIONS

 $\Rightarrow$  Use of Mouth pipettes (RBC pipette) is banned in many countries. However, in case you have to use it, be cautious that you should not intake the diluting fluid or Specimen.

 $\Rightarrow$  Accurately measure the amount of specimen and Diluting Fluid to avoid any error in the results.

 $\Rightarrow$  In case you are performing this test by Microdilution method, mix the specimen and diluting fluid appropriately by gently rotating in between your palms.

 $\Rightarrow$  Carefully charge the Hemocytometer or Neubauer's chamber that it should not be overcharged and do not contain any air bubble in it.
# Estimation of haemoglobin using Sahli's haemoglobinometer

#### INTRODUCTION

Hemoglobin (Hb or Hgb) is a red color pigment present in red blood cells (RBCs) comprises Fe2+ and Globin protein. It is Hemoglobin in RBCs that carries the oxygen from the lungs to the tissues and CO2 from body tissues to the lungs for excretion.

Hemoglobin (Hb or Hgb) is responsible for the appearance of Red color RBCs and blood. Hemoglobin is a chromoprotein consisting of Globin molecule attached to 4 red colored Heme molecules. Hemoglobin synthesis requires the coordinated production of Heme and Globin. Heme is a prosthetic group that medicates reversible binding of oxygen by hemoglobin. Globin is the protein that surrounds and protects the Heme molecule.

The Estimation of hemoglobin in the blood is commonly prescribed in various physiological and pathological conditions and as both diagnostic and prognostic test especially in case of suspected Anemia which can be caused by various factors.

Nowadays in many laboratories, the Hemoglobin estimation is done by using Automatic Hematology Analyzers but still in many other labs the following method is Commonly used to determine the Hemoglobin concentration in patient's blood.

- Sahli's Method a.k.a. Acid Hematin Method
- Cyanmethemoglobin Method (CMG) a.k.a Drabkin's Method



#### Principle

The principle of Sahli's Method or Acid hematin method is quite easy that when the blood is added to N/10 Hydrochloric acid (HCl), the hemoglobin present in RBCs is converted to acid hematin which is a dark brown colored compound. The color of the formed acid hematin complex corresponds to the Hemoglobin concentration in the blood and is matched with the standard which is a reference brown glass given in the Sahli's apparatus by diluting with N/10 hydrochloric acid or distilled water until the color of acid hematin complex match with the color of the standard.

#### **Reagents required**

- N/10 hydrochloric acid (It is prepared by diluting concentrated hydrochloric acid 0.98 ml in distilled water and volume is made up 100 ml).
- Distilled water

#### Apparatus & equipments required

- Sahli's Apparatus
  - Hemoglobin pipette (0.02 ml or 20 μl capacity)
  - Sahli's graduated Hemoglobin tube
  - Thin glass rod Stirrer for Hemoglobin Tube
  - o Sahli's Comparator box with brown glass standard



- Spirit swab
- Blood Lancet
- Dry cotton swab
- Pasteur pipette

#### Procedure

 $\Rightarrow$  N/10 Hydrochloric acid is taken in Hemoglobin tube (has two graduations – one side gm/dl, and other side shows the Hb %age), up to the mark 20 – the lowest marking (yellow marking).

⇒ For capillary blood draw, boldly prick the tip of the middle or ring finger with the help of Blood lancet or pricking needle. Wipe out the first drop of blood and suck the blood from the second drop in Hb pipette up to the mark of 20  $\mu$ l. Fill the Hb pipette by capillary action.

 $\Rightarrow$  Wipe out the surface of the pipette with the help of tissue paper/ cotton so that excess blood may not be added to the Hb tube.

 $\Rightarrow$  Dispense the blood into N/10 hydrochloric acid taken in the hemoglobin tube, rinse the pipette with the same solution and mix properly with the help of stirrer.

 $\Rightarrow$  Place the tube at room temperature for 10 minutes for complete conversion of hemoglobin into acid hematin.

 $\Rightarrow$  After the reaction completes, place the Hb tube in the column in Sahli's Comparator box and start diluting the dark brown coloured compound (Acid Hematin) formed in the Hb tube using the N/10 HCl or distilled water by adding drop by drop of it into the solution and mix with the help of stirrer after each addition.

 $\Rightarrow$  This process is done until the endpoint comes matching the color of standard with the color of the test.

 $\Rightarrow$  Once the color is matched with the standard brown glass, lift the stirrer up and note down the reading in Sahli's Hb tube by taking the lower meniscus in consideration.

 $\Rightarrow$  Now add one more drop of distilled water and mix it properly with the help of stirrer. If color is still matching with the standard add another drop till it matches with the standard and note down the reading and, if it gets lighter after adding the first extra drop, it shows reading taken before dilution was correct. Note down that reading as the final result.

 $\Rightarrow$  Reading of this method is expressed in Hemoglobin gm/dl (gram/100 ml) of blood.

#### Precautions

 $\Rightarrow$  Sahli's apparatus especially the Hemoglobin pipette and Sahli's Hemoglobin tube should be clean and dry before use.

⇒ Suck the blood exactly up to the mark of 20  $\mu$ l (0.02 ml) and air bubbles should not be present in the pipette with blood.

 $\Rightarrow$  Mix well the acid and blood and wait for at least 10 minutes after adding the blood in acid.

 $\Rightarrow$  Add distilled water drop by drop and mix well after each dilution. Avoid over dilution of the content.

 $\Rightarrow$  The matching of color should be done against the natural source of light or electrical tube light (white light) to avoid any visual errors.

 $\Rightarrow$  Blood sample and N/10 HCl acid should be taken in an accurate and precise amount in the Hb tube.

 $\Rightarrow$  The Hb pipette should be wiped off properly in order to avoid the excess addition of

#### Advantages

 $\Rightarrow$  It is the simple and easy method and may be done at any place because apparatus can be picked up anywhere.

#### Disadvantages

 $\Rightarrow$  Visual intensity may be different for different individuals by this method, we are not able to measure the inactive hemoglobin.

 $\Rightarrow$  This method estimates only oxy Hemoglobin. Carboxyhemoglobin and methemoglobin cannot be estimated.

 $\Rightarrow$  The endpoint disappears soon so it is difficult to know the actual endpoint and also the Proper stable standard is not available

 $\Rightarrow$  The resulting solution is not a clear solution but a suspension due to the action of hydrochloric acid on the proteins and lipids.

#### Normal values of hemoglobin

- Adult Male: 14-16 gm/dl
- Adult Female: 13-15 gm/dl
- Newborn: 16-18 gm/dl

#### Clinical significance of hemoglobin estimation

Hemoglobin estimation gives a brief idea of the pathological conditions to the physician so that your physician can easily understand the cause of pathology and prescribe an effective treatment for it.

Raised Hemoglobin Content

- Polycythemia Vera
- Associated with Hypoxia
- Cyanotic Congenital Heart disease
- High Altitudes
- Heavy smoking
- Methemoglobinemia
- Elevated erythropoietin levels
  - Tumors of Kidney, Liver, CNS, Ovary etc.
  - Renal Diseases (Hydronephrosis & Vascular impairment)
- Adrenal hypercorticism
- Therapeutic androgens
- Relative causes of high hemoglobin content
  - Dehydration Water deprivation, Vomiting, Diarrhea
  - Plasma loss Burns, Enteropathy

#### **Reduced Hemoglobin Content**

Low Hemoglobin value means anemia caused by the following conditions

- Leukemia
- Tuberculosis
- Iron deficiency anemia
- Parasitic infections severely in hookworm infection
- Sickle cell anemia
- Thalassemia
- Aplastic anemia
- Hemolytic anemia
- Loss of blood

# Preparation of haemin and haemochromogen crystals

#### Introduction

Red blood cells of human beings contain a pigment called haemoglobin, which provides red colour to the blood. Haemoglobin is a conjugated chromoprotein and is composed of two parts; non-protein haem and the protein globin. Haem, also known as ferroprotoporphyrin, is made up of four pyrrole rings (tetrapyrrole) which hold iron in the ferrous state. The purpose of this exercise is to enable you to understand how haem component of the haemoglobin present in blood can be converted into specific crystals for the identification.

#### Materials required

Glass slides, Cover slips, Cotton, Pricking needles, Dropper, Spirit lamp, Compound microscope, Match box, 90% alcohol/Spirit, Takayama's reagent.

Preparation of Takayama's reagent: Add 3 mL of 10% NaOH, 3 mL of Pyridine, and 3 mL of saturated glucose solution in 7 mL of distilled water.

#### Principle

Hemochromogen, also spelled as Haemochromogen, is a compound of heme with globin modified by the action of alkali. The crystals of haemochromogen are prepared by the heating of blood with Takayama's reagent (the reagent has obtained its name from Masao Takayama who introduced the reagent in Japan in 1912). Heating ruptures the red blood cells and releases the haemoglobin. The protein also gets denatured but remains attached to the haem which is called ferrohaemochrome. During the process, the ferrous form of iron is converted to ferric form due to the presence of NaOH in Takayama's reagent. This oxidized haem is known as alkaline haematin. Haematin combines with pyridine, a nitrogenous compound present in Takayama's reagent, to form insoluble coloured crystals. These are called pyridine haemochromogen which appear as pink-coloured crystals. Saturated glucose solution in the reagent acts as a reducing agent in the reaction, which reduces the solubility of haemochromogen and forms numerous crystals. This property of haem present in human blood is used for identification of blood stains.

 $Haemoglobin + Heat + NaoH \rightarrow Haem + Globin$ 

Haem +Glucose+ Pyridine+ Takayama' Reagents  $\rightarrow$  Pyridine Haemochromogen

#### Procedure

1. Take a cotton swab, soak in the 90% alcohol/spirit and sterilize the tip of your finger.

2. Prick the fingertip with the help of sterilized pricking needle.

3. Place a small drop of blood in the center of a clean slide.

4. Spread the blood drop a little with the help of a needle.

5. Add 2-4 drops of Takayama's reagent on the blood and place a cover slip taking care that bubbles do not appear.

6. Heat the material gently over low flame for 10-20 seconds.

7. Remove the slide from the flame, and then add 1-2 drops of Takayama's reagent from the side of the cover slip.

8. Keep the slide aside at room temperature for 4-5 minutes and examine under the microscope at low (x10) and then at high (x40) magnification power.

#### Observations

Pink needle-shaped crystals of pyridine haemochromogen appear which confirms the presence of hemoglobin.



Haemochromogen Crystals of Human Blood

#### Discussion

Haemochromogen crystals are used in forensic cases and medico-legal practices to distinguish blood stains from other red-coloured marks. The crystals can be prepared from fresh as well as dried blood, and thus, it also helps to identify old blood stains. In addition, minute traces of blood are enough to form the crystals.

#### Precautions

- Prepare Takayama's reagent afresh.
- Use Takayama's reagent carefully as pyridine is a noxious compound and can cause harmful effects if inhaled, swallowed or absorbed through the skin.
- Sterilize the finger with alcohol before pricking.
- Discard the first drop of blood.
- Avoid overheating of the slide. During summers, heating can be skipped.
- Keep the slide undisturbed at the time of cooling.

#### **RECORDING OF BLOOD PRESSURE USING A SPHYGMOMANOMETER**

Blood pressure is the force of blood against the walls of the arteries. Blood pressure is recorded as two numbers, the **systolic** pressure (the pressure when the heart beats) over the diastolic pressure (the pressure when the heart relaxes between beats).

Normal systolic pressure is 120 mmHg (millimetres of mercury) and the diastolic pressure is 80 mmHg, that would describe the blood pressure as '120 over 80', written 120/80.



Figure 1. Sphygmomanometer (wall-mounted)



# Figure 2. The arm is supported on a level surface. The cuff is around the upper arm and the stethoscope is over the brachial artery, in the bend of the elbow

Blood pressure may vary according to whether the patient is lying down, sitting or standing. It is normally recorded with the patient sitting.

#### **Required apparatus**

- sphygmomanometer
- blood pressure cuffs: small, medium, large
- stethoscope
- chair

- patient's care notes or observation chart
- alcohol wipe

#### Procedure

- Ask the patient to loosen any tight clothing or remove long-sleeved garments so that it is possible to access the upper arm. Do not use an arm that may have a medical problem.
- Place the cuff around the upper arm and secure.
- Connect the cuff tubing to the sphygmo-manometer tubing and secure.
- Rest the patient's arm on a surface that is level with their arm.
- Place the stethoscope over the brachial artery (in the bend of the elbow) and listen to the pulse
- Pump up the cuff slowly and listen for when the pulse disappears. This is an indication to stop inflating the cuff.
- Start to deflate the cuff very slowly whilst watching the mercury level in the sphygmomanometer.
- Note the sphygmomanometer reading (the number the mercury has reached) when the pulse reappears: record this as the systolic pressure.
- Deflate the cuff further until the pulse disappears: record this reading as the diastolic pressure.
- Record these two measurements, first the systolic and then the diastolic (e.g., 120/80), in the patient's notes or chart.
- Tell the patient the blood pressure reading.
- Disinfect the stethoscope drum and ear pieces with the alcohol wipe.
- Wash and dry your hands.
- Report an extremely low or high reading to the clinically qualified person in charge of

the patient's care.



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# C10P: Immunology Lab

# PREPARATION OF HUMAN BLOOD FILM

#### **Introduction:**

A well prepared blood smear is necessary for microscopic examination of blood. Blood smears are used to determine leukocyte differentials, to evaluate erythrocyte, platelet and leukocyte morphology, and, if necessary, to estimate platelet and leukocyte counts.

#### **<u>Principle</u>**:

The Clinical Pathology Laboratory uses the wedge technique for preparation of blood smears. This method produces a gradual decrease in thickness of the blood from thick to thin ends with the smear terminating in a feathered edge approximately 2 mm long. The smear is greater than 25 mm long and the feathered edge stops approximately 10 mm from the end of the slide. The blood film occupies the central portion of the slide and has definite margins on all sides that are accessible to examination by oil immersion.

The thin end of the film becomes thinner gradually and does not have grainy streaks, troughs, ridges, waves or holes – features that can result in an uneven distribution of leukocytes. In preparations from normal patients, the thin section of the smear occupies approximately 1/3 of the total area and, within that area; erythrocytes are distributed in a monolayer.

The thickness of the spread is influenced by the angle of spreader slide (the greater the angle, the thicker and shorter the blood smear), the size of the drop of blood and the speed of spreading. Glass cover slips are mounted on all blood smears to prevent damage to smear during examination, cleaning, handling and storage.

#### **Preparation of Blood Film:**

The slide should be clean. Place a small drop of blood, or one side about 1-2 cm from one end. Without delay place a spreader at an angle of 45° from the slide and move it back to make contact with the drop. The drop should spread out quickly along the line of contact of spreader with the slide. The moment this occurs, spread the film by rapid smooth forward movement of the spreader. The film should be 3-4 cm in length. The ideal thickness is such that there is some overlap of R.B.C. throughout most of its length with proper separation and lack of distortion of RBC's. the end from where the spread had ended is called tail end. The ideal zone to examine the blood film is the areas between tail and body. If the film is made

too thin or if a rough edged spread is used many leucocytes accumulate in edges and at tail. DLC should not be attempt on such a slide.



#### **Characteristics of an Ideal Blood Smear:**

- 1. It should be in the central 2/3 of slide.
- 2. It should have straight lateral border and short tongue shaped tail.

# Precautions to be taken during preparation:

- 1. Angle should be maintained at  $45^{\circ}$ .
- 2. Blood drop should be of proper size.

3. Spreader's edges should be smooth and it should be smaller than the slide on which smear is being made.

- 4. Pressure applied should be proper.
- 5. Drop should be pulled with spreader not pushed with it.

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6. Preparation should be in one single stroke.

#### **Staining of Blood Film:**

#### **Process of Staining:**

The slide is covered with leishman stain for 2 mins. This much time is required for fixation. After 2 mins it is diluted with double the volume of buffer water. On adding buffer water a metallic shin will be formed, if the stain is dry. Allow this to stand for 15 min. after min, flood the slide with water to remove stain. Then wash under tap water wiping the back of slide with finger or cotton. Dry in air.

#### **Precautions Suring Staining:**

1. Time: Initial time 2 minutes, is important. After dilution increase of 1-2 minutes, does not alter staining.

2. Never let the stain dry on the slide otherwise stain deposits will make it impossible to count leucocytes (DLC).

3. Staining should be deposit free.

4. For washing the smear – let the water stream replace the stain. Don not throws the stain first.

# HISTOLOGICAL STUDY OF SPLEEN, THYMUS AND LYMPH NODES

#### **SPLEEN:**

#### **Identifying Characters:**

- 1. The stroma is composed mainly of a network of reticular connective tissue.
- 2. The **parenchyma** is divided into two functionally and morphologically distinct compartments (**red pulp** and **white pulp**) divided by a tissue layer called the **marginal zone**.
- 3. Outside the marginal zone is the **perifollicular zone** which contains sheathed capillaries and blood-filled spaces without endothelial lining.
- 4. Sinusoids are found between the cords of Billroth.
- 5. The **inner layer** is mainly composed of T lymphocytes which is why it is also called the T-zone.
- 6. The **outer layer** has a more diverse cellular morphology, containing T and B lymphocytes.



Fig 1: TS of mammalian spleen

# **THYMUS:**

#### **Identifying Characters:**

- 1. The cortex stains more darkly than the medulla, because it contains more lymphocytes than the medulla.
- 2. The epithelial network in the cortex is more finely branched than in the medulla and this gives this network the name 'reticular'.
- 3. The epithelial cells are connected to each other by desmosomes, and the intermediate filament protein keratin is present in their cytoplasm.
- 4. Presence of Hassal's corpuscles in the medulla.
- 5. The T-cell progenitors proliferate in the outer cortex.



**Fig 2: TS of mammalian thymus** 

# LYMPH NODES:

#### **Identifying Characters:**

- 1. The nodes are covered by a capsule of dense connective tissue, and have capsular extensions, of connective tissue, called the trabeculae.
- 2. The lighter staining areas are germinal centres, where the B-cells proliferate into antibody secreting plasma cells.
- 3. The hilum is an indent on the concave surface of the lymph node where lymphatic vessels leave and blood vessels enter and leave.
- 4. The substance of a lymph node is divided into the outer cortex and the inner medulla.
- 5. Thin reticular fibers of reticular connective tissue form a supporting meshwork called reticulin inside the node.



Fig 3: TS of mammalian lymph node

# ELISA

#### Introduction:

Enzyme-linked immunosorbent assay (ELISA) is a method of target antigen (or antibody) capture in samples using a specific antibody (or antigen), and of target molecule detection/quantitation using an enzyme reaction with its substrate.

#### **Principle:**

In ELISA, various antigen-antibody combinations are used, always including an enzyme-labeled antigen or antibody, and enzyme activity is measured colorimetrically. The enzyme activity is measured using a substrate that changes color when modified by the enzyme. Light absorption of the product formed after substrate addition is measured and converted to numeric values. Depending on the antigen-antibody combination, the assay is called a direct ELISA, indirect ELISA, sandwich ELISA, competitive ELISA etc.

#### **Direct ELISA:**



A target protein (or a target antibody) is immobilized on the surface of microplate wells and incubated with an enzyme-labeled antibody to the target protein (or a specific antigen to the target antibody). After washing, the activity of the microplate well-bound enzyme is measured.





A target protein is immobilized on the surface of microplate wells and incubated with an antibody to the target protein (the primary antibody), followed by a secondary antibody against the primary antibody. After washing, the activity of the microplate well-bound enzyme is measured. Although indirect ELISA requires more steps than direct ELISA,

labeled secondary antibodies are commercially available, eliminating the need to label the primary antibody.

#### Sandwich ELISA:



An antibody to a target protein is immobilized on the surface of microplate wells and incubated first with the target protein and then with another target protein-specific antibody, which is labeled with an enzyme. After washing, the activity of the microplate well-bound enzyme is measured. The immobilized antibody (orange) and the enzyme-labeled antibody (green) must recognize different epitopes of the target protein.

Compared to direct ELISA, the sandwich ELISA (combining antibodies to two different epitopes on the target protein) has a higher specificity. Sandwich ELISA is useful for applications that require a high accuracy.



#### **Competitive ELISA:**

An antibody specific for a target protein is immobilized on the surface of microplate wells and incubated with samples containing the target protein and a known amount of enzymelabeled target protein. After the reaction, the activity of the microplate well-bound enzyme is measured.

When the antigen level in the sample is high, the level of antibody-bound enzyme-labeled antigen is lower and the color is lighter. Conversely, when it is low, the level of antibody-

bound enzyme-labeled antigen is higher and the color, darker. The graph above and to the right illustrates the correlation between absorption and antigen levels in samples.

When a target antigen is a small molecule, such as histamine, pesticide, and dioxin, two antibodies cannot simultaneously bind to the antigen in sandwich ELISA. Competitive ELISA is useful for the measurement of low molecular weight targets.

#### **ELISA Procedure:**



Immobilization of antibody

Add diluted antibody to each well of a 96-well ELISA plate. Seal the plate to prevent evaporation, and allow it to incubate at 4°C for 15-18 hours to immobilize the antibody.

Washing Remove the diluted antibody, and wash 3 times with washing solution.



#### Blocking

Add blocking buffer to each well, and allow it to incubate at 37°C for 1 hour to reduce non-specific binding of the target protein to the well.



## Washing

Remove the blocking buffer, and wash 3 times with washing solution.

#### Addition of samples

Dilute the samples with sample dilution buffer, and add 100  $\mu$ L of each sample to each well. For the calibration curve, prepare a dilution series of the standard on the same plate. Allow it to incubate at 37°C for 1 hour.

#### Washing

Remove the samples, and wash 5 times with washing solution.

Addition of the detection antibody Dilute the detection antibody in sample dilution buffer, and add 100  $\mu$ L to each well. Allow it to incubate at 37°C for 1 hour.



#### Washing

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#### After reaction, remove the detection antibody, and wash 5 times with washing solution.

Addition of enzyme-labeled secondary antibody Dilute an enzyme-labeled secondary antibody with sample dilution buffer, and add 100  $\mu$ L to each well. Allow it to incubate at 37°C for 1 hour.



#### Washing

After reaction, remove the secondary antibody, and wash 5 times with washing solution.



Add a substrate solution. Allow it to incubate as the color develops.

10 minutes after the addition of the substrate



Dilution series of a standard for the calibration curve

Adding stop solution



After the addition of stop solution



Dilution series of a standard for the calibration curve



Add a stop solution to stop the reaction when the color is sufficiently developed.

Measure the absorption at 450 nm by a plate reader.

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# DEMONSTRATION OF LYMPHOID ORGAN

#### Introduction:

The lymphocytes and APCs for adaptive immunity are distributed throughout the body in the blood, lymph, and epithelial and connective tissues. Lymphocytes are formed initially in primary lymphoid organs (the thymus and bone marrow), but most lymphocyte activation and proliferation occur in secondary lymphoid organs (the lymph nodes, the spleen, and diffuse lymphoid tissue found in the mucosa of the digestive system, including the tonsils, Peyer patches, and appendix).



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#### **Primary lymphoid organs:**

The primary (or central) lymphoid organs generate lymphocytes from immature progenitor cells. The thymus and the bone marrow constitute the primary lymphoid organs involved in the production and early clonal selection of lymphocyte tissues.

#### **Bone marrow:**

Bone marrow is responsible for both the creation of T cells and the production and maturation of B cells, which are important cell types of the immune system. From the bone marrow, B cells immediately join the circulatory system and travel to secondary lymphoid organs in search of pathogens. T cells, on the other hand, travel from the bone marrow to the thymus, where they develop further and mature. Mature T cells then join B cells in search of pathogens. The other 95% of T cells begin a process of apoptosis, a form of programmed cell death.



#### **Thymus:**

The thymus increases in size from birth in response to postnatal antigen stimulation. It is most active during the neonatal and pre-adolescent periods. At puberty, by the early teens, the thymus begins to atrophy and regress, with adipose tissue mostly replacing the thymicstroma. However, residual T lymphopoiesis continues throughout adult life. The loss or lack of the thymus results in severe immunodeficiency and subsequent high susceptibility to infection. In most species, the thymus consists of lobules divided by septa which are made up of epithelium; it is therefore often considered an epithelial organ. T cells mature from thymocytes, proliferate, and undergo a selection process in the thymic cortex before entering the medulla to interact with epithelial cells.

The thymus provides an inductive environment for the development of T cells from hematopoietic progenitor cells. In addition, thymicstromal cells allow for the selection of a functional and self-tolerant T cell repertoire. Therefore, one of the most important roles of the thymus is the induction of central tolerance.



#### Secondary lymphoid organs:

The secondary (or peripheral) lymphoid organs (SLO), which include lymph nodes and the spleen, maintain mature naive lymphocytes and initiate an adaptive immune response. The peripheral lymphoid organs are the sites of lymphocyte activation by antigens. Activation leads to clonal expansion and affinity maturation. Mature lymphocytes recirculate between the blood and the peripheral lymphoid organs until they encounter their specific antigen.

#### Spleen:

The spleen synthesizes antibodies in its white pulp and removes antibody-coated bacteria and antibody-coated blood cells by way of blood and lymph node circulation. A study published in 2009 using mice found that the spleen contains, in its reserve, half of the body's monocytes within the red pulp. These monocytes, upon moving to injured tissue (such as the heart), turn into dendritic cells and macrophages while promoting tissue healing. The

spleen is a center of activity of the mononuclear phagocyte system and can be considered analogous to a large lymph node, as its absence causes a predisposition to certain infections.

Like the thymus, the spleen has only efferent lymphatic vessels. Both the short gastric arteries and the splenic artery supply it with blood. The germinal centers are supplied by arterioles called penicilliary radicles.

Until the fifth month of prenatal development, the spleen creates red blood cells; after birth, the bone marrow is solely responsible for hematopoiesis. As a major lymphoid organ and a central player in the reticuloendothelial system, the spleen retains the ability to produce lymphocytes. The spleen stores red blood cells and lymphocytes. It can store enough blood cells to help in an emergency. Up to 25% of lymphocytes can be stored at any one time.



## Lymph nodes:

A lymph node is an organized collection of lymphoid tissue, through which the lymph passes on its way back to the blood. Lymph nodes are located at intervals along the lymphatic system. Several afferent lymph vessels bring in lymph, which percolates through the substance of the lymph node, and is then drained out by an efferent lymph vessel. Of the nearly 800 lymph nodes in the human body, about 300 are located in the head and neck. Many are grouped in clusters in different regions, as in the underarm and abdominal areas. Lymph node clusters are commonly found at the proximal ends of limbs (groin, armpits) and in the neck, where lymph is collected from regions of the body likely to sustain pathogen contamination from injuries. Lymph nodes are particularly numerous in the mediastinum in the chest, neck, pelvis, axilla, inguinal region, and in association with the blood vessels of the intestines.

The substance of a lymph node consists of lymphoid follicles in an outer portion called the cortex. The inner portion of the node is called the medulla, which is surrounded by the cortex on all sides except for a portion known as the hilum. The hilum presents as a depression on the surface of the lymph node, causing the otherwise spherical lymph node to be bean-shaped or ovoid. The efferent lymph vessel directly emerges from the lymph node at the hilum. The arteries and veins supplying the lymph node with blood enter and exit through the hilum. The region of the lymph node called the paracortex immediately surrounds the medulla. Unlike the cortex, which has mostly immature T cells, or thymocytes, the paracortex has a mixture of immature and mature T cells. Lymphocytes enter the lymph nodes through specialised high endothelial venules found in the paracortex.

